



CELINA POLICE DEPARTMENT

Partnerships in Prevention – Police and Community

By working together we can achieve a safer community

Preventing Domestic Violence

What is domestic violence?

The National Coalition Against Domestic Violence (NCADV) states:

“Domestic violence is the willful intimidation, physical assault, battery, sexual assault, and/or other abusive behavior perpetrated by an intimate partner against another. It is an epidemic affecting individuals in every community, regardless of age, economic status, race, religion, nationality or educational background. Violence against women is often accompanied by emotionally abusive and controlling behavior, and thus is part of a systematic pattern of dominance and control. Domestic violence results in physical injury, psychological trauma, and sometimes death. The consequences of domestic violence can cross generations and truly last a lifetime.”

- One in every four women will experience domestic violence in her lifetime.
- 85% of domestic violence victims are women.
- Females who are 20-24 years of age are at the greatest risk of nonfatal intimate partner violence.
- Almost one-third of female homicide victims that are reported in police records are killed by an intimate partner.

For more information visit: <http://www.ncadv.org/>

Victim Services and Resources:

If you need immediate assistance, dial 911.

Hope's Door Hotline: 972-422-7233 (SAFE)

The National Domestic Violence Hotline: 1-800-799-SAFE (7233)

TTY 1-800-787-3224

Getting Help – Safety Plan – Create your Safety Plan

Please link to the **Getting Help** section provided by the National Coalition Against Domestic Violence (NCADV): <http://www.ncadv.org/protectyourself/GettingHelp.php>

Hope's Door – Helping Families Affected by Domestic Violence

Hope's Door can assist you with:

- Hotline Services 24-Hour Crisis Line
- Emergency Shelter
- Domestic Violence Education/Information
- Counseling – Individual & Group for Adults and Children
 - In English and Spanish
- Teen Dating Violence Program
- Battering Intervention Prevention Program
 - (counseling for men) – in English and Spanish
- Adult Aggression Management
- Transitional Housing
- Referrals to Attorneys

Hope's Door – 972-422-2911 Crisis Line – 972-422-7233 (SAFE)

<http://www.hopesdoorinc.org/>

Teen Dating Violence

Hope's Door has listed the following **Red Flags**:

- Constantly checks up on me or makes me check in
- Texts or calls me excessively
- Has frequent mood swings: Is angry one minute and the next minute is sweet and apologetic
- Puts me down, calls me names, or criticizes me
- Breaks things or throws things to intimidate me
- Yells, screams, or humiliates me in front of others
- Shoves, slaps, chokes, hits or uses weapons against me
- Threatens to hurt him/herself because of me
- Makes me feel nervous or like I'm walking on eggshells
- Forces me into proving my love or loyalty constantly
- Pressures me into having sex

If a teen answers "YES" to any of these questions, they may be in an abusive relationship.

For more information on Teen Dating Violence visit Hope's Door:

http://www.hopesdoorinc.org/what_we_do/teendatingviolence.html

According to the Centers for Disease Control:

- Approximately, one in 10 high school students has experienced physical violence from a dating partner in the past year.
- One in 4 adolescents reports verbal, emotional, physical or sexual dating violence each year.
- Across studies, 15-40% of youth report perpetrating some form of violence towards a dating partner.
- Risk factors for teen dating violence include individual, peer, partner, parent, and neighborhood influences.
- Perpetrating dating violence in adolescence increases the risk of perpetrating violence toward a partner in adulthood.
- Exposure to dating violence significantly affects a range of mental and physical health problems.

<http://www.cdc.gov/search.do?subset=&queryText=Teen+Dating++Violence>